

## Jeff Bonilla

Jeff started running 5Ks in 1984. He was busy with his demanding nursing schedule and found the sport calming and relaxing. He enjoyed running 5Ks and eventually worked his way up to a marathon. Now Jeff finds himself regularly running with his friends (let's be real, to Jeff, strangers are friends he just hasn't made yet.) He loves running and you can find Jeff running at a local race in Northern Nevada or enjoying a craft beer at one of Reno's many watering holes. Jeff's running journey has overcome two hip replacements and he plans on celebrating his 60th birthday running the Biz Johnson Marathon in October.

