

Roland Blais

As part of a life long struggle with weight loss, Roland began running in January of 2010, with the intention of completing the Disneyland 1/2 Marathon that September. He met his goal, kept on running, and has never looked back. Since then Roland has run many 1/2 marathons, marathons, and Ultra Marathons.

In 2013, after 3 years of running with and being a pacer for Reno Running and Fitness, he joined co-founder Michael Connors as co-owner and coach for the group. He successfully completed the inaugural Castle Peak 100k in 2015, and has run it every year since, sometimes finishing and sometimes not, but always running "unafraid". When not exploring the Trails in Fernley, Reno-Tahoe, and the Sierras, Roland enjoys spending his time brewing beer, tinkering in the garage, and hanging out with his wife Laura and running buddy, Ben.

